

NORTH STONINGTON SENIOR CENTER

SENIOR NOTES



Hi Seniors,
Spring has sprung and I'm another year young. Thank you very much for my birthday cake.

I have some exciting news. Boy Scout, Joe Cherenzia, will be work-

ing on making Eagle Scout and we will benefit from his endeavors. Jo is currently working on his design which will be presented in the spring.

A jar is setup to help defray the cost of the materials for his project.

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MENU

May 9, 2012

Oven roasted meatloaf, with brown gravy and mushrooms, served with cottage fried potatoes,, fresh veggies and salad.

May 16, 2012

Pan fried boneless chicken, potato salad, Cole slaw, assorted relishes.

May 23, 2012

Pan roasted shrimp with lemon and herbs, served with rice pilaf and spring peas. Tossed salad and grilled French bread.

May 30, 2012

Grilled medallions of pork loin with mushrooms, served with natural pan sauce, served with buttered noodles and fresh veggies.

DAY TRIPS AND EVENTS

May 2, 2012

Vicky Lawrence at Foxwoods, \$50.00 Leaving 8:45 am. Includes bonus and free lunch.

May 10th, 2012

Mystery Lunch Leaving 10:45 a.m. (Filled)

May 24th, 2012

Newport Playhouse– Love, Sex & The IRS. \$50.00 Leaving 10:00 a.m.

FUTURE TRIPS



Sept. 18-20

Lancaster, PA
“Jonah” At the
Millennium Sight
& Sound theater.

Oct. 16

The Friesians of

Majesty, VT
\$109.00 Day trip
A.I.

November 13

Crooked Ledge
Band, at the Cas-
tle of the Knights,

in Chicopee, MA ,
cost \$44.00.

WEEKLY ACTIVITIES

Monday Wii 9am-noon

Tuesday 10:30 am Line Dancing Noon Chair Aerobics

Wednesday First week of the month Blood Pressure Taken 11:30 am
GA Meeting 12:30 pm /Bingo

Wednesday 's 2nd week-4th week Lunch Noon/ Bingo

Thursday Zumba 10 am Quilting 1pm -3 pm Tai Chi 3:15

Friday Art 10 am- noon Poppin 2pm

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Board of Directors

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GA Vice President—Dotty Costa

GA Secretary– Esther Perkins

GA Treasurer– John Holliday

GA Sunshine Lady– Margaret Ward

Golden Agers Birthdays and Anniversaries



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