

North Stonington Senior Center

February 2012

Happy Birthday

Joan Driscoll

Francis Eldridge

Elly Gradilone

Charles Knapp

Kathy Nichols

Rosemary Rathbun

Alice Sloan

Peggy Varas

Happy Anniversary

Cliff & Elaine Button

Senior Center Notes

We made it through January with just one snow storm. Hurray! Let's hope February is as uneventful as January.

The Senior Center is hopping this month. Make sure to read Trips and Events and to mark your calendars.

The VFW Ladies Auxiliary

will be holding a jewelry/white elephant sale on Saturday Feb. 4 from 10am till 2 pm. The group is always looking for new members. If you are interested ask about joining.

On Saturday, Feb 25th, the VFW Ladies Auxiliary will host a pancake and sausage breakfast

from 8am till 11 am. I am unsure about the cost. I'll keep you updated.



Benefit for the Wheeler Library

On Saturday, June 23rd, from 10am to 4 pm. The garden club will host "Gardentour12" to benefit the Wheeler Library.

Merry Bliss and sev-

eral others are organizing the event. They are hoping to recruit volunteers. Merry would like to know if some of the seniors would like to act as docents in a

garden. She says, "it's not necessary to know the plant names", just an extra pair of eyes to help the garden owner. .Please contact Merry if you are interested.



Menu

February 8

Roasted Boneless Loin of Pork, sliced and topped with Pan gravy; served with potato cakes, veggies and warm applesauce.

February 15

Baked Pasta, topped with a Hearty tomato meat

sauce and Ricotta Cheese. Tossed green salad and herbed bread.

February 22

Baked Filet of Fish, with an herbed stuffing, topped with Tomato vegetable sauce, served with Parsley boiled po-

tatoes, and Cole Slaw salad, roles.

February 29

Asian style Stir-Fry. Tender strips of lean pork grilled and tossed with fresh vegetables, Accompanied by spicy noodles and grilled Pineapple.

Trips & Events

Feb 6 at 1 pm
Country Western Singer , Cameron Suthphin. No cost. Please bring an hors ' oeuvre to share.

Feb. 13
The Cornerstone Playhouse Pre-

sents, " From Mystic with Love". The cost for the play is \$37.50 plus driver.

Feb 23
Mystery Lunch
Leaving at 10:30

Feb 27
The Surf Side 8 square and round dance club will strut their stuff at 3 pm. No Cost. Please bring an hors d'oeuvre to share.

FREE TAX PREPARATION

Free tax preparation as part of the AARP tax aide will be held Feb. 9th, March 8th, and March 22nd. Bob Mason

and Richard Ware will be available from 11 am till noon. Sign-up sheets are hanging on the bulletin board.

February 9th is full, however, the March dates are available.

Please call (860) 535-8188 for an appointment.

February 2012

Mon	Tue	Wed	Thu	Fri
		1 Blood Pressure 11:30 am GA 12:30 pm Bingo	2 Zumba 10 am Quilting 1pm-3pm Tai Chi 3:15-4	3 Art 10 am-noon Poppin 2 pm
6 Wii Bowling 10 am -noon Singer 3pm	7 Chair Aerobics Noon	8 Lunch Noon Bingo	9 Zumba Quilting Tai Chi	10 Art Poppin
13 Wii Bowling	14 Chair Aerobics	15 Lunch Noon Bingo	16 Zumba Quilting Tai Chi	17 Art Poppin
20 Closed Presidents Day	21 Chair Aerobics	22 Lunch noon Bingo	23 Zumba Quilting Tai Chi	24 Art Poppin
27 Wii Bowling	28 Chair Aerobics	29 Lunch noon Bingo		



Organization

North Stonington Senior Center

391 Norwich-Westerly Road
Mailing Address
40 Main Street
North Stonington, Ct 06359
Address Line 4

Phone:(860)-535-8188
Fax: (860)-535-3021
Email: north.stonington@snet.net

NORTH STONINGTON SENIOR CENTER

Transportation is provided by seniors for medical reason, by appointment only! Appointments must be made at least a month in advance.

North Stonington Golden Agers Club

Board of Directors:

GA President— Jerry Ward

GA Vice President— Dot Costa

GA Secretary-Ester Perkins

GA Treasurer— John Holliday

GA Sunshine Lady— Margaret Ward

Trips 2012

**March 30-
April 2**

**Washington,
DC. “Cherry
Blossoms in
Washington”
plus a great
deal more.**

**Washington
Trip Canceled**

June 19-23

**Cape Cod
Nantucket Is-
land. We will
see places
such as: Herit-
age Plantation
Museum and
Gardens, John
F. Kennedy
Museum and
more.**

Sept. 18-20

**Lancaster, PA
“Jonah” At the
Millennium Sight
& Sound Theater.
We will go to
Bethlehem, Lan-
caster & Philadel-
phia**