



North Stonington Senior Center

Senior Center Notes

Hi Everyone,
I hoped you enjoyed our picnic. The weather sure did cooperate on our special day.

We also had a great 4th of July day. I went that weekend to New York City and saw the Statute of Liberty (La Liberté éclairant le monde). Does anyone know what this means?

Liberty was wor-

shipped in what ancient culture and by what group of people in particular?

What do the rays and seven points of Liberty's crown represent ?

What does the broken chain at the Liberty's ankles represent?

What is written on the tablet Liberty is holding?

Who gave Liberty to the people of USA?

What does Liberty's torch represent? See page three.



HEATING ASSISTANCE

Applications for heating assistance will be taken as of August 1, 2012. Please call to make an appointment. The tele-

phone number is (860) 535-8188. A checklist of required documentation for energy assistance is available at the Senior

Center or on the town's web site. Applications for the SNAP (food stamp program) may be filled out at the same time.

Day and Overnight Trips

July 19th

East Side Restaurant \$25 AI
leaving center at 10 am.

July 26th

Pilgrim Belle, Plymouth, MA.
Leaving center at 8:30 am.

August 9th

New Port Play house, \$50.00
AL Leaving 9:45 am

August 15th

CT River Dixieland Cruise
leaving the center at 10:15 am.
Money is due.

Sept 18-20th

“Jonah in Pennsylvania”
Full Payment due by Aug.
15th.

October 16th

Friesians of Majesty, Towns-
hend

, VT \$109.00

November 13th

Country Music Jamboree,
Chicopee, MA \$44.00

MENU

July 18, 2012

Cream of Broccoli soup

Beef Stroganoff—Tender
bites of beef, simmered in a
mushroom and onion sauce,
and topped with sour cream,
served with butter noodles.
Fresh veggies and tossed sal-
ad.

July 25, 2012

Chicken Vegetable Soup

Bucatini Platter—Long hol-
low strands of Italian pasta,
baked in a sauce of tomato
basil and creamy cheese, ac-
companied by meat balls and
grilled vegetables. Garden

*“Are you tired of picnic food?”
I am!*

salad and warm garlic bread.

Weekly Activities

Monday Wii 9am-noon

Tuesday 9 am Chair Aero-
bics

Wednesday First week of the
month Blood Pressure Taken
11:30 am GA Meeting 12:30
pm /Bingo

Wednesday 's 2nd week-4th
week Lunch Noon/ Bingo

Thursday Zumba 10 am
(restarts in Sept)

Quilting 1pm –3 pm

Friday Art 10
am– noon
Poppin 2pm

North Stonington Senior Center

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40 Main Street
North Stonington, Ct 06359

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Email: north.stonington@snet.net

We're on the Web!

example.com

NORTH STONINGTON SENIOR CENTER



Organization



North Stonington Golden Agers Club

Board of Directors

GA President- Jerry Ward

GA Vice President—Dotty Costa

GA Secretary- Esther Perkins

GA Treasurer- John Holliday

GA Sunshine Lady- Margaret Ward

Elaine Button

Dorothy Costa

John Holliday, Sr.

JoAnn Paradis

Dorothy Woods

1)Liberty enlightening the world

2) Romans, emancipated slaves

3)Sun, seven seas and seven continents

4)freedon from tyranny

5) July IV MDCCLXXVI

6) people of France 7)enlightment of the world