

NORTH STONINGTON SENIOR CENTER

Senior Center News

Happy Summer Everyone! We started the summer with our banging picnic. I hope everyone enjoyed their selves as much as I did.

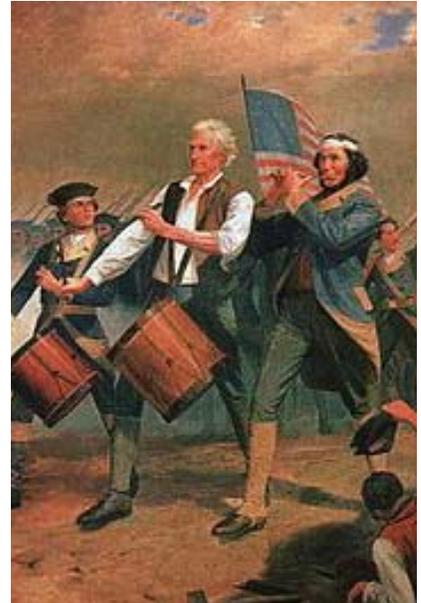
The yard sale we held in June netted \$191.45. I did however make an executive decision to buy the workers a large cheese pizza. I deposited \$174.45 into our account. I

Once again we need to

thank the Lion's Club for their generous donation of \$500.00; with this money, the yard sale money and the money from the dance, I plan to end the summer with a pig roast and entertainment.

So mark your calendars and save September 21 because we will be ending the summer on a high note!

Notes Continued page 4



INDEPENDENCE DAY

The Fourth of July will be here very soon. On the 4th we are celebrating the adoption of the Declaration of Independ-

ence and our independence from the Kingdom of Great Britain. Be sure to remind your loved ones about the significance of this day. Do you remember who was the principal author of the declaration?

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- Happy Birth Day & Anniversary
- Elaine Button
- Do t Costa
- John Holliday
- JoAnn Paradis
- Dot Woods
- Janet & Jo Caswell

Schedule of Events

- July 7, Gillette Castle & Picnic leaving center at 9:45. approx. \$15.00
- July 12, Mystery Lunch, leaving the center at 11:00 am. \$3.00 plus
- July 19, Paulette Restsinas, financial consultant, 8:30 am (no cost)
- July 20, Legends at Fox Wood Casino, leaving 11:00 am. \$27.00 (AI)
- August 2, New Port Play House, leaving at 10am \$55.00 (sold out)
- August 11, New Port Dinner train, leaving center at 9:45 am \$45.70 (AI)



Lunch Menu

July 13

Chicken on the grill and summer fixings.

July 20

Pot Luck

David and I will not be able to attend.

July 27

Hamburgers and hot dogs and summer fixings

Estate Planning

Paulette Retsinas, financial consultant for the Chelsea Groton Bank, will speak at the center on July 19th at 8:30 am.

Paulette has 22 years of experi-

ence in the financial services industry. She feels genuine satisfaction in helping her clients find solutions their financial concerns.

Paulette's hallmark is customized ser-

vice with a smile. In her spare time, she serves as a Treasurer and Trustee for the Westerly Library and Park Board.

July 2011

Mon

Tue

Wed

Thu

Fri

<p>4 Senior Center closed</p>	<p>5 Wii 10 am- noon</p>	<p>6 Golden Agers 12:30 pm Blood pres- sure 11:30 pm</p>	<p>7 Sewing 1pm-3 pm Tai Chi 3:15 pm-4</p>	<p>8 Art 10 am-Noon</p>
<p>11</p>	<p>12 Wii</p>	<p>13 Lunch Noon</p>	<p>14 Sewing Tai Chi</p>	<p>15 Art</p>
<p>18</p>	<p>19 Paulette Restsinas 8:30 am Wii</p>	<p>20 Pot Luck Legends</p>	<p>21 Sewing Tai chi</p>	<p>22 Art</p>
<p>25</p>	<p>26 Breakfast Club Wii</p>	<p>27 Lunch Noon</p>	<p>28 Sewing Tai chi</p>	<p>29 Art</p>

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Teresa A. Pensis, director

Transportation is provided by seniors for medical reason, by appointment only! Appointments must be made at least a month in advance.

North Stonington Golden Agers Club

Board of Directors:

GA President— Jerry Ward

GA Vice President— Dot Costa

GA Secretary-Ester Perkins

GA Sunshine Lady— Margaret Ward



Organization

SENIOR CENTER NOTES CONTINUED

Joy's "Zoomba" class has ended for the summer. Class will resume in September. In the meantime, **"keep exercising or walking every day!"**

There will be no Poppin food program July 1st and 8th.

If you are looking for someone to do household chores or personal assistance, give me a call at the Senior Center, I have a reliable person in mind.

I'm looking for people to play Mah Jongg. You don't have to know how to play, I have someone who will teach us.

