

NORTH STONINGTON SENIOR CENTER

SENIOR NOTES



Hi Seniors,
Happy Easter
and spring!

Mother Earth is
in her renewal
phase and you
will notice so is
the newsletter.

I have also had
to make changes
to the Friesians
of Majesty trip to
Vermont. Instead
of taking the

senior bus, I
have had to rent
a big bus. The
cost for the bus
is \$109.00 per
person . I need
14 more people
to go on the
trip.

If you have
signed up for
the trip and it is
not affordable ,
please let me
know immedi-
ately.

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MENU

Reservations are mandatory. If you are unable to attend lunch you must let me know in advance. If you fail to notify me of the cancellation you must pay \$4.00.

April 11, 2012

Glazed ham, Cream of Artichoke and spinach soup, Pineapple raisin sauce, Au gratin potatoes, veggie and dessert.

April 18, 2012

Minestrone soup, Lasagna rolled stuffed with three cheese filling and baked in a tomato basil sauce, accompanied by grilled sausage and meatballs.

April 25, 2012

Chicken Vegetable Casserole, Western Style Steak and Potato soup.

DAY TRIPS AND EVENTS

April 10, 2012

East Side restaurant, New Britain, Ct ., Cost \$25 FULL

April 19, 2012

Kennedy Museum, Boston, MA, Leaving 9am . Cost \$5.00 for driver, plus admittance fee and lunch.

April 26

Wright's Farm Restaurant, \$17.30. Leaving 9:45 am.

May 2, 2012

Vicky Lawrence at Fox Woods, \$50.00 Leaving 9:45 am. Includes bonus and free lunch.

FUTURE TRIPS



June 19-23

Cape Cod & Nantucket Island.

August 15,

Connecticut River Dixieland Cruise, Cost \$81.00. 3 Seats available

Sept. 18-20

Lancaster, PA "Jonah" At the Millennium Sight & Sound theater.

Oct. 16

The Friesians of Majesty, VT

November 13

Crooked Ledge Band, at the Castle of the Knights, in Chicopee, MA , cost \$44.00.

WEEKLY ACTIVITIES

Monday Wii 9am-noon Noon Crafts/ bring lunch

Tuesday 10:am Line Dancing Noon Chair Aerobics

Wednesday First week of the month Blood Pressure Taken 11:30 am
GA Meeting 12:30 pm Bingo

Wednesday 's 2nd week-4th week Lunch Noon

Thursday Zumba 10 am Quilting 1pm -3 pm Tai Chi 3:15

Friday Art 10 am- noon Poppin 2pm

391 Norwich-Westerly Road
Mailing Address
40 Main Street
North Stonington, Ct 06359
Address Line 4

Phone: (860)-535-8188
Fax: (860)-535-3021
Email: north.stonington@snet.net



Board of Directors

GA President– Jerry Ward

GA Vice President—Dotty Costa

GA Secretary– Esther Perkins

GA Treasurer– John Holiday

GA Sunshine Lady– Margaret Ward

Golden Agers Birthdays and Anniversaries



Mary Arzamarski
Daisy Jennerwein
Marie Sollenberger
Larry Southwick



Joe & Kay Gross
Nick & Flo Mullane II
Larry & Susan Southwick