



**North  
Stonington  
Grab 'n Go  
Meals  
Week 3/30-4/03**

**More info...**

Families will be able to pick up  
a breakfast and lunch each  
day between 11:00 – 1:00.  
Elementary School parking  
lot.

Contact: Monique Herard  
Foodservice Director  
[Herard-monique@aramark.com](mailto:Herard-monique@aramark.com)  
Cell: 401-524-6423



**Grab 'n Go Meals**

**Week 3/30-4/3**

**Monday 3/30**

**Breakfast: Cereal, juice and milk**

**Lunch: Ham & cheese sub, cucumber coins, apple and milk**

**Tuesday 3/31**

**Breakfast Bagel w/cream cheese, juice and milk**

**Lunch: Turkey & cheese sandwich, baby carrots, celery and milk**

**Wed 4/1**

**Breakfast: Mini bagel, yogurt, juice and milk**

**Lunch: Chicken Caesar wrap, orange, green peppers and milk**

**Thur 4/2**

**Breakfast: Muffin w/ cheesestick, juice and milk**

**Lunch: Mini Waffles, garden salad, mixed fruit and milk**

**Fri 4/3**

**Breakfast: Cinnimini, juice, and milk**

**Lunch: Nacho fun lunch, apple, grape tomatoes and milk**