



**North  
Stonington  
Grab 'n Go  
Meals  
Week 4/20-4/24**

**More info...**

Families will be able to pick up a breakfast and lunch each day between 11:00 – 1:00. Elementary School parking lot.

Contact: Monique Herard  
Foodservice Director  
[Herard-monique@aramark.com](mailto:Herard-monique@aramark.com)  
Cell: 401-524-6423



**Grab 'n Go Meals**

**Week 4/20-4/24**

**Monday 4/20**

**Breakfast: Cereal, juice and milk**

**Lunch: Turkey & Cheese wrap, grape tomato, orange and milk**

**Tuesday 4/21**

**Breakfast Benefit bar, string cheese, juice and milk**

**Lunch: Ham & cheese sub, mixed fruit, cucumber coins and milk**

**Wed 4/22**

**Breakfast: Apple frudel, juice and milk**

**Lunch: Mini pancakes w/ yogurt, green peppers, applesauce and milk**

**Thur 4/23**

**Breakfast: Muffin w/ yogurt, juice and milk**

**Lunch: Popcorn chicken salad w/ goldfish, diced pears, celery and milk**

**Fri 4/24**

**Breakfast: Cereal, juice, and milk**

**Lunch: Pizza bagel fun lunch, baby carrots, apple and milk**